

TELEHEALTH – RURAL & REMOTE

Are you having trouble finding experienced NDIS disability clinicians in your area?

Enhance Health Services (EHS) brings the expertise of our allied health team via telehealth (video conferencing and telephone) wherever you are, without the stress of travel and long wait times. Our team focuses on enabling people with additional needs or disability to participate in daily activities and improve their quality of life.

Whenever a face-to-face service is not convenient or available, our EHS Telehealth team can provide that disability expertise with a range of therapy and assessments across;

- Positive Behaviour Support
- Speech Pathology
- Psychology
- Occupational Therapy

Our Clinical team

- Are trained and experienced in delivering Telehealth
- Are experts in Positive Behaviour Support (with and without restrictive practices)
- Our Behaviour Support practitioners are all NDIS registered
- Additionally, they all belong to a professional Allied Health body (AHPRA, Speech Pathology Australia)
- We are committed to using evidence based practice

About us

- As a division of DSA, we have a 60+ year history in the disability sector and over 20 years' experience in disability specific allied health services
- We are NDIS registered for ages 7 and up
- NDIS funding required under Improved Relationships and/or Improved Daily Living
- Easy referral process

We understand people with a disability and the needs of their support networks.

For a referral or to enquire about how our telehealth services can suit your needs contact us on 1300 372 747 or email referrals@ehs.org.au

*Telehealth services will require an internet connection and if you find it does not suit you or you change your mind, we can release all unused NDIS funds.

Psychological Therapy/ Counselling via Telehealth

A psychologist can assist with emotional and behavioural problems, by building skills in communicating, understanding feelings, coping with changes/transitions, coping with anger and conduct issues, social exclusion and anxiety and depression.

Our team are skilled at tailoring the therapy for the additional needs required and can use visual aids to assist.

We can effectively deliver therapy via telehealth at a time that suits, in the comfort of school, home or day program.

Positive Behaviour Support via Telehealth

Much of behaviour support is non-direct and we have been doing online assessments and phone interviews of service providers and family for some time to maximise the limited funding.

In many situations, it may be the right choice to get a full telehealth behaviour support service, if it means gaining an experienced practitioner in a difficult to access location.

- Whilst we often prefer a direct observation opportunity and a chance to meet in person, funding limits, travel costs and recent restrictions have meant that we have had to adapt.
- We are great at doing virtual tours of the site to understand the environmental layout and telehealth meeting with the participant and carers can often go a long way. Data collection and incident reports can really assist too.
- Training of the support team via our easy to follow PowerPoint with voice-recorded training, followed up with a Webex/Skype/Zoom team check-in has proven to be the way to go.

Occupational Therapy via Telehealth

OT's work with people to help them participate in everyday activities to live a meaningful life, such as cooking, cleaning, dressing, washing, and being part of community life.

- Provide online training to family and carers
- Review Manual Handling plans (video can be used to assess current techniques)
- Conduct Sensory Assessments to understand the impact of sensations (such as taste, sound, light, and touch) and suggest ways to manage anxiety and build positive social engagement
- Provide therapy for fine motor skills and upper limb therapy



Speech Therapy via Telehealth

Speech Therapists can help anyone with limited verbal communication so that they can use alternative systems such as key word sign, electronic communication device or Picture Exchange System (PECS).

- Build skills with receptive language
- Sourcing and using alternative means of communication for people who are non-verbal
- Increase effective verbal communication;
- Treatment for stuttering
- Development of speech and language skills for people with intellectual disability;
- Assessment and strategies to improve language and literacy.

